What is Self‐Directed Learning?

1. - Students take initiative and responsibility for learning.
2. - Students select,manage, and assess their own learning
3. activities, including reflection blog.
4. - Motivation and volition are critical.
5. - Independence in setting goals and defining what is worthwhile
6. to learn.
7. - Teachers provide scaffolding, mentoring, advising.
8. - Peers provide collaboration.
9. - Parents provide guidance and support at home.

Adapted from <http://www.selfdirectedlearning.com>



Self-Directed Learning Survey:

1. Knowledge: What do you know a lot about?
2. Skills: What do you know how to do well?
3. Your Strengths/Personal Characteristics: ex. sensitive to others, take charge kind of person, positive about things.
4. Your Abilities: What kinds of things do you have a talent for, or believe you have if given a chance?
5. Your Interests: What kinds of things do you like to do, what have you dreamed of doing?
6. Your Experience: What things have you done in your life? Ex. volunteered at a soup kitchen, run a 5k, etc.

Adapted from <http://www.selfdirectedlearning.com/becoming-self-directed/activity-4-profile-your-genius-be-smarter.html>